

DIY Laundry Detergent

Ingredients

- 1 c Washing Soda– Found by Laundry Detergents in Stores
- 1 c Borax– Found by Laundry Detergents
- ½ c Baking Soda
- 1 Bar Castile Soap– Found by Laundry or Normal Body Soaps
- Cheese Grater
- Container and Scoop

Directions:

1. Use Cheese Grater to grate up the Bar of Soap
2. Mix Everything Together in a Container with Lid.

(We use a cool Copper container we found in an antique store)

How to use: Use 2T or 1/8 c per Load

DIY Deodorant

Ingredients

- 3 T Arrowroot *or* Corn starch
- 3 T Baking Soda
- 3 T Coconut oil *melted*
- *Essential oil drops?*
- Tin ***

Directions:

1. Melt Coconut Oil
2. Mix Everything Together
3. Pour into a **tin** of your choice. When coconut oil solidifies again, it will be a paste that you can use in lots of ways.

DIY Bath Bomb

Ingredients

- 1 c Baking Soda
- ½ c Citric Acid –Sold as a Baking Ingredient (Walmart, Hobby Lobby)
- ½ c Epsom Salt– Sold as Beauty Product (Grocery Store, Pharmacy)
- ½ c Cornstarch– Sold as Baking Ingredient
- Coloring?
- 2 ½ T almond oil (Coconut, Walnut or Olive oils work great too)
- 3-4 T Water
- 12-15 drops essential oil
- Mold –Silicon ice cube tray, muffin tray or Plastic Egg

Directions:

1. Mix together dry ingredients with Whisk or Fork
2. Mix Liquids together in Separate bowl
3. SLOWLY pour liquids into dry ingredients while stirring. If there's any bubbling just mix it more until the bubbling stops.
4. When its all mixed, put into your mold and really pack it down.
Bonus points if you add a Toy into it.
5. Let it dry overnight then store in a closed container for Bath-time.

Notes:

- Essential Oils for A Cold: Peppermint, Lemon, Eucalyptus, Menthol oil
- To Turn Bath Bomb into “Shower” bomb: 1) Don't add Epsom Salts – slippery; 2) Use More Citric Acid – this is what helps its dissolve more quickly in just the mist from a shower; 3) DO NOT add oil