

**Presenter:** Amanda Gragg, LPC, SAC

**Session Title:** Relapse and Cravings: How To Work With Clients Struggling With Recovery

**Session Description:** Relapse and cravings are a natural part of recovery; however, they are often feared by clients and providers alike. Whether a provider specializes in substance use disorder treatment or not, these are issues that commonly develop in a client's life. This session will examine what relapse and cravings can look like and the impact that they have on treatment. We will learn about treatment options available in the area and trends both local and nationwide that impact clients and their families. Finally, we will explore ways to provide compassionate and effective treatment while making sure we stay healthy as providers.

**Bio:**

Amanda Gragg, LPC, SAC, is an experienced clinician working with substance use and co-occurring disorder clients. She is currently the supervisor for Behavioral Health Operations in the inpatient program at Aurora Psychiatric Hospital.