

Presenter: Elyssa Kenagy, MS, LPC, SAC

Session Title: Integrating Seeking Safety into Substance Use Disorder Treatment

Session Description: The link between substance use disorder and trauma is well established, with one condition impacting the other. Failing to address both conditions in an integrated manner has led to relapse and lower quality of recovery for the client. This presentation will examine how Seeking Safety, a treatment approach to PTSD and substance use disorders, can serve as a powerful tool to help the clinician address both the substance use and trauma issues in an integrated approach.

Bio:

Elyssa Kenagy, MS, LPC, SAC, brings a wealth of experience into the treatment of substance use and co-occurring disordered clients. She is passionate about integrating trauma informed care into her work with her clients. Elyssa is currently a lead clinician in the Dewey Residential Treatment Center at Aurora Psychiatric Hospital and, prior to this, was a clinician at Metahouse in Milwaukee.