

Presenter: Lisa Schobert, MA, LPC,

Session Title: Addressing Substance Use Disorder Treatment Needs with Military Veterans

Session Description: This session will focus on the unique treatment needs of military veterans. Veterans face high levels of substance use exposure, trauma, environmental toxins and other mental illnesses. The culture of the military can lead to issues with veterans trusting clinicians and being open and honest as they confront their own wounds. This presentation will examine the dynamics complicating treatment for the veteran and strategies shown to be effective in making an impact in the life of these individuals

Bio:

Lisa Schobert, MA, LPC, is a skilled clinician with an extensive background in the treatment of substance use and co-occurring disorders, having worked as a clinician and supervisor in a wide variety of agencies. She brings a unique perspective to this topic having served as a field combat medic in the Army National Guard. Lisa is currently a senior psychotherapist with the Intensive Outpatient Program in the Adult Chemical Dependency Program at the Dewey Center at Aurora Psychiatric Hospital. Lisa has an extensive background of working with clients from a diverse background and extensive background treating mental health and substance use disordered clients.